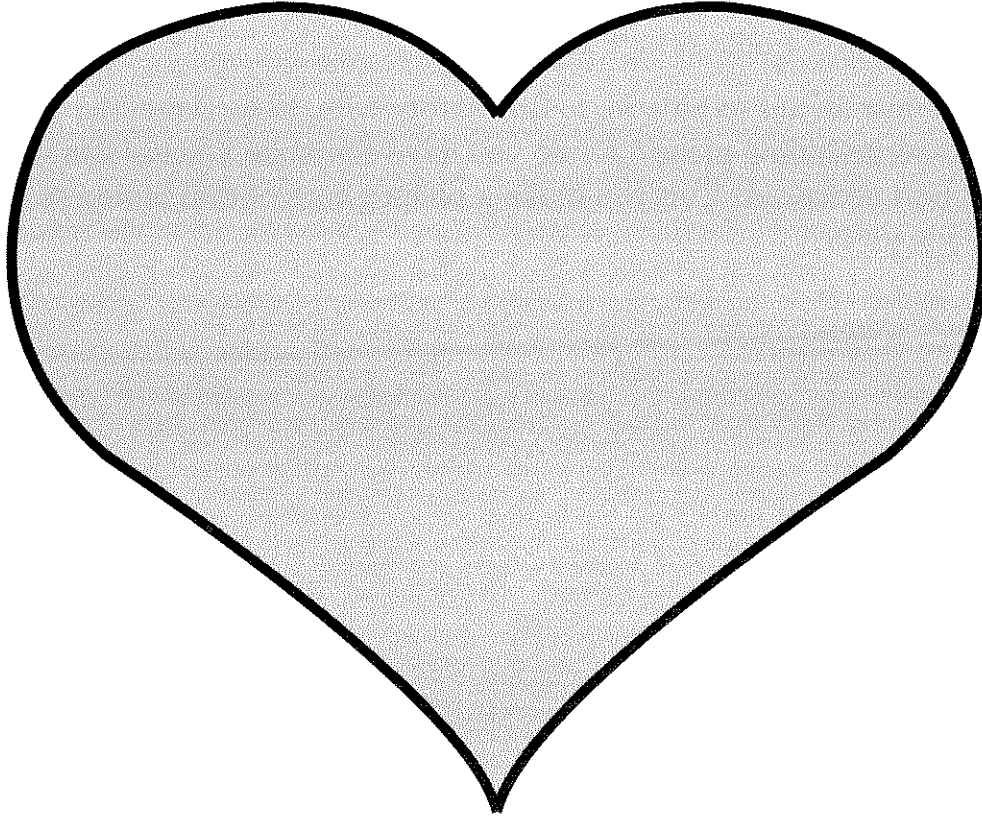


5. Here is a picture of your heart. Write inside it five good feelings you want to keep in it, and outside it five bad feelings you will try to keep outside:
(Below is a list of words you can choose from. You may add to the list.)



'Imān, happy, angry, mean, loving, contented, hopeful, open, cruel, sneaky, suspicious, warm, tender, selfish, bitter, sour, friendly, sweet, hateful